



DEFENSIVE DRIVING COURSE 4

This course is a fast-paced, four-hour driver improvement program that also makes an ideal refresher course. In just a half day, DDC 4 offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude in preventing accidents, and reinforces the good driving skills students already have. Most importantly, DDC 4 shows students the consequences of the choices they make behind the wheel, and puts defensive driving in a personal context.



Defensive Driving

More than 41,000 people lose their lives in motor vehicle crashes each year and over two million more suffer disabling injuries, according to the National Safety Council. The triple threat of high speeds, impaired or careless driving and not using occupant restraints threatens every driver—regardless of how careful or how skilled.



Expanded Topics

- Aggressive driving and road rage
- Fatigue and drowsy driving
- How driver behavior and mental conditions affect driving
- Defensive driving techniques
- The crash impact on passengers
- How to avoid a collision and case study scenarios
- Personal driving style evaluation
- Hazard recognition and collision avoidance
- Emotional impairment, common driving irritation and "Pet Peeves"
- The "Fatal Four" causes of a crash
- Driving skills inventory and assessments
- Occupant protection laws and graduate driver's licensing
- Vehicle malfunctions and maintenance

Defensive Driving

Driving defensively means not only taking responsibility for yourself and your actions, but also keeping an eye on "the other guy." The National Safety Council suggests the following guidelines to help reduce your risks on the road.

- Don't start the engine without securing each passenger in the car, including children and pets. Safety belts save thousands of lives each year! Lock all doors.
- Remember that driving too fast or too slow can increase the likelihood of collisions.
- Don't kid yourself. If you plan to drink, designate a driver who won't drink. Alcohol is a factor in almost half of all fatal motor vehicle crashes.
- Be alert! If you notice that a car is straddling the center line, weaving, making wide turns, stopping abruptly or responding slowly to traffic signals, the driver may be impaired.
- Avoid an impaired driver by turning right at the nearest corner or exiting at the nearest exit. If it appears that an oncoming car is crossing into your lane, pull over to the roadside, sound the horn and flash your lights.
- Notify the police immediately after seeing a motorist who is driving suspiciously.
- Follow the rules of the road. Don't contest the "right of way" or try to race another car during a merge. Be respectful of other motorists.
- Don't follow too closely. Always use a "three-second following distance" or a "three-second plus following distance."
- **While driving, be cautious, aware and responsible.**

NC Statewide Safety Conference, Inc.

The Health and Safety services offered by the North Carolina Statewide Safety Conference, Inc. are established to provide competent, practical instruction in accident prevention. The courses and workshops are designed for the supervisor and employee in the interest of reducing accidents and their cost to business and industry. Our schedule offers professional programs with experienced instructors and are scheduled to meet the production needs of client companies. Classes vary from one hour to eight hours. Call us at 252-203-3192 for more information and scheduling. Visit our website at www.ncsafetyconference.com to explore the many other opportunities that we offer.



NC Statewide Safety Conference, Inc.

Instructor

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COURSE COSTS:

\$46.00 PER PERSON*

****Includes the NSC Book***

Please call Mel to schedule a class!



NC STATEWIDE SAFETY CONFERENCE



Defensive Driving 4-Hour Course

(A National Safety Council program)



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Call 252-203-3192

for more information

www.ncsafetyconference.com